

## ABOUT LNCT UNIVERSITY BHOPAL



LNCT University is one of the best private universities in Bhopal and central India. LNCT is synonymous with excellence in higher education. A premier institution providing excellent teaching in Engineering, Management, Pharmacy, Medical, Ayurveda, Agriculture science, Paramedical, Law and other recurring professional studies and Physical education courses. It is among the one of the Top University of central India and has always stood in the forefront in meeting the ever growing challenges. To meet the ever growing demand of higher education in India.

### Key Notes Speaker



**Prof. Kalpana Sharma**  
Vice Chancellor,  
LNIPE, Gwalior



**Mr. Pankaj Kumar Jain**  
Organizing Secretary,  
Director Sports,  
LNCT Group



**Dr. P.S. Dara**  
Coordinator,  
Assistant Professor  
School of Physical Education,  
LNCT University

## Honourable Advisory Board



**Shri J.N. Chouksey**  
Chancellor  
LNCT University



**Dr. Anupam Chouksey**  
Chancellor - JNCTPU  
Secretary - LNCT Group



**Dr. Dharmendra Gupta**  
Executive Director  
LNCT Group



**Prof. (Dr.) N.K. Thapka**  
Vice-Chancellor  
LNCT University



**Dr. A. K. Soni**  
Registrar  
LNCT University

## Organising Board for Conference

Directors - Name	Scope / Area
<b>Shri Akash Dubey</b> Deputy Registrar	IT Cell, all technical / digitisation
<b>Dr. Anu Shrivastava</b> Principal, School of Journalism & Mass Communication LNCTU	Opening and closing Ceremony
<b>Dr. Mukesh Narula</b>	Publicity and Branding
<b>Dr. VS Panwar</b> HOD School of Physical education LNCTU	Souvenir, certificate, Coordinator of all committee



SCAN  
QR FOR  
REGISTRATION

## YOU MAY CONTACT

**Contact: 9893274600, 9425025428**  
J.K. Town, Sarvadharm C-Sector,  
Kolar Road, Bhopal- 462042 (M.P.) - INDIA



# National CONFERENCE ON PHYSICAL EDUCATION IN CONTEXT WITH SPECIAL INTERDISCIPLINARY SCIENCES NCPECSIS 2025

( In Reference to NEP -2020)

**12th & 13th September 2025**



**"Connecting health care  
with physical activities"**

Organized by:

**School of Physical Education  
LNCT University Bhopal**



## “Facing the future-together” Visionary conference themes

### 1) Sports Medicine

- Exercise Physiology Cardio vascular and exercise medicine
- Mechanism of exercise medicine
- Side effect of exercise medicine



### 2) Physical Education & Life style

- General fitness and exercise Medicine
- Weight management and Exercise medicine
- Power walking
- Body alignment



### 3) Exercise Psychology

- Psychology of exercise and factors associated with performance in sport,
- Exercise Psychology and other types of physical activity



### 4) Role of Ayurveda in Sports Medicine

- The Perspective on Fitness
- Krida Ayurveda- Exercise medicine
- Role of Ayurveda in Physical, Mental Fitness



### 5) Yogic Science

- Yoga as exercise Medicine:
- Asana kriya and wellness



### 6) Para-Medical Sciences

- Sports Injuries & rehabilitation
- Exercise medicine as a Therapy medicine



Bridging gaps and promoting collaborative research and practices approach

“We cannot solve problems with the same thinking we used to create them.”

“हम समस्याओं को उसी सोच से हल नहीं कर सकते जिस सोच का उपयोग हमने उन्हें पैदा करने के लिए किया था।”

## “ Approach to Scientific Temperament

### TECHNICAL BOARD

- Prof. Rajesh Tripathi**, Chairman, Principal, VNS College, Chairman - AICPE & Ex. Dean Faculty, BU University, Bhopal
- Prof. Anurodh Singh Sisodia**, Director , U.G.C. Malaviya Mission Teacher Training Centre, LNIPE, Gwalior
- Dr. Alok Mishra**, Director, Phy. Edu., BU University, Bhopal
- Dr. Sapan Jain**, Principal, L.N. Ayurveda College, Bhopal
- Dr. Sadhana Danuriya**, HOD Yoga Dept., BU University , Bhopal
- Dr. Divya Khare**, Principal, Paramedical, LNCTU, Bhopal
- Prof. Sandeep Tiwari**, Principal, Govt. IGIPES, Delhi
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- Dr. Prashant Jaju**, HOD Administration , Rishiraj Dental College, Bhopal
- Dr. Tushi Viyas**, Principal, J.K. Paramedical, Bhopal
- Prof. CPS Bhatti, HOD Yoga Dept., LNIPE, Gwalior

### STEERING BOARD

- Mr. BSKusahawa**, Ex. Director, Youth and Sports, MP Govt.
- Dr. K.K Khare**, Ex. Dean Academic, RIE Bhopal
- Dr. Rajesh Mishra**, Director sports, MINTS Bhopal
- Dr. B.S. Bhadauriya**, Vice Principal, VNS College of Physical Education, Bhopal
- Dr. Vishal Shivhare**, Director, L.N. Ayurveda Collage, Bhopal
- Mr. Pushker Vohara**, CEO, SAGE University, Bhopal
- Dr. Vikash Saxena**, HOD. School of Physical Education, RNT University, Bhopal

“पेशे में अनुसंधान और नवाचार के लिए द्वार”

“Door Step to Research and Innovation in Profession”

Invitation and Registration to all

- Principal/ Directors/HOD / Faculty / Students of Physical education and sports /Paramedical / Ayurveda /Yogic Science
- Sports academic in charges / coaches / Gym trainer / sports fraternity/ physical education teachers in CBSE / ICSE / State school / Krida Bharti Bhopal
- Fraternity of allied sciences concerned with physical activities
- Research scholars
- Others Extremely interest may also register

Catch the early bird for Registration

## REGISTRATION DETAILS & PAPER INVITATION

Registration fees (Online Mode Only): up to 15 August 2025

Delegates: ₹1000/- mandatory Students: ₹400/- mandatory

After 20th August to 28th August 2025

Delegate: ₹1500/- Students - ₹500/-

After 28th August 2025: ✗ No entries will be accepted

For comfortable stay at Bhopal you may contact to hotel near by LNCT University Some of hotel are –

(1) Hotel Bonsai- Phone -8959205025

(2) Hotel Tunez- 0755 4075484

(3) Hotel Vatika- 9685098555

(4) Student may stay in LNCTU Hostel with nominal Charges

Registration link: <https://lnctup.payjix.com>

Paper/Abstract Invitation Guidelines

- Language – Hindi or English
- Last Date for Submission abstract for screening : 20th August 2025
- Domains: Any of the 6.Focus Areas
- For abstract the Word Limit: 250–300
- Format: APA Style
- Presentation of paper may PPT /Digitation
- Paper Presentation Time limit -40 Minutes
- Submission Email: [psdara10@gmail.com](mailto:psdara10@gmail.com)
- Paper registration fees- Rs.100/ per paper
- Special Award –for best paper + Certificate + Publication Opportunity
- Delegates /Participants will receive an UGC -Recognized Participation Certificate
- Autho

### Conference at Glance

Date - 12.09.2025

Reporting for Desk registration	9 AM
First Session	10AM
Lunch	2PM
Second Session	2.30 PM to 5.30pm

Date - 13.09.2025

First Session	10AM
Lunch	2PM
Second Session	2.30 PM to 5.30pm