

**PARTICULARS OF DEAN/PRINCIPAL & MEDICAL SUPERINTENDENT**

Item	Dean/Principal	Medical Superintendent
Name	Dr. NALINI MISHRA	Dr. SARLA MENON
Address	703-B, Tulsi towers, Tulsi Nagar, Bhopal	Flat No -205-406, Anmol  A Block Chinar Dream CT Hosangabad Road Bhopal
State	MADHYA PRADESH	MADHYA PRADESH
Pin Code	462003	462001
Phone  (Off)  (Res)  (Fax)	  (0755) 4049611    (0755) 4049610	         (0755) 4087009
Mobile No.	+919630092305	+919425604126
E.mail:	<a href="mailto:deanlnmcbhopal@gmail.com">deanlnmcbhopal@gmail.com</a>  dean.lnmc@lnctu.ac.in  <a href="mailto:Lnmnbhopal@Lnctu.ac.in">Lnmnbhopal@Lnctu.ac.in</a>	sarlamenon33@gmail.com

## Dr (Prof) Nalini Mishra



Is the present Dean of L N Medical College and research centre  
w.e.f. 01/04/2021.

She is an Obstetrician and gynaecologist with degrees of MD (O&G), DGO, DNB (O&G) and has been awarded with the honours like FICOG and MNAMS in recognition of her academic achievements.

She has served the Government of Madhya Pradesh and Chhattisgarh for 31 years and has worked as Professor or professor & Head of the department in various Government medical colleges of C.G. Thereafter she has taken Voluntary Retirement from Service (VRS) and joined L N Medical college Bhopal, M P.

She has a keen interest in teaching and research particularly in developing low cost technology to improve morbidity and mortality in low resource settings. She has following innovations to her credit-

- C G Balloon- an innovative condom balloon tamponade device for low cost treatment of refractory PPH, published by IJGO (FIGO House) in 2016 & JOGI in 2019 (available on Youtube too). It is being used across the world.
- C G Drape- An innovative low cost drape for estimating blood loss at delivery, published by Journal of SAFOG 2019
- Innovative concept: POCCT and its correlation with fibrinogen level: Potential in goal-directed transfusion in PPH, published by IJGO (FIGO House) Jan 2021, DOI: 10.1002/ijgo.13536

She is a committed academician and inspires her students to achieve thorough knowledge which is then implemented into better patient care. She has many laurels to her credit in the field of publications like

- 38 published research papers in international & national journals (11 listed in Pubmed )
- Citations: >100
- Chapter contributions : 19 in various books
- Co-editor- Two books :- Obstetric Emergencies-A handbook of protocols & flow charts for health care providers and Hormone Replacement Therapy in Menopause & Andropause. Monogram by Indian College of Physician.

She has participated in 105 international, National & state conferences as invited Faculty Speaker. Has chaired and Judged many scientific papers.

She has been the National faculty for FOGSI- PPH workshops across India 2016-2020

She has guided many research projects successfully and is the Master Trainer of Emergency Obstetric Care (EmOC).

Her leadership and administrative skills were well represented during her tenure as Head of the department while setting up the department in a new Medical college or while serving as President of Raipur Obs & Gynae Society (2012-2014) and also as Organizing Secretary of various State level CME's 2004,05, 06, 12,&13 along with many CMEs and workshops.

She has also served as MCI Inspector during her Govt job for undergraduate and post graduate medical courses.

She is an avid learner and has recently done Fellowship in Obs Gyn USG (2018) and believes in dissemination of knowledge equally. She has organized many cultural/ social events also. She is committed for an all round development of all the students of her institute.



## Dr Sarla Menon

Dr (Mrs.) Sarla Menon W/O Lt Mr VR NAIR

did her MBBS in 1979 MS (General Surgery) 1983, MCh (Neurosurgery) 1989 from Gandhi Medical College, Bhopal.

After attaining MCh, in the super specialty of Neuro surgery from SCTIMST Trivandrum Kerala, a three year regular course after MS, joined Bombay Hospital as a super specialist and worked under internationally well known Neurosurgeon late Dr S.N. Bhagawathi, specialist in brain surgeries for over one year and then joined Sion Municipal Hospital & Medical college, Mumbai and worked under Dr P. Ramani, an expert in Spine surgeries for about 2 years. Finally the burning desire to serve Madhya Pradesh particularly the populace of Bhopal city where she was brought up & completed her schooling, MBBS and MS courses, and to mitigate the sufferings of the poor section of the population due to the non-availability of such super specialty medical services, prompted her to take up the job of Neurosurgeon in Kasturba Hospital, BHEL Bhopal unit in April 1991 till Sept 2015 and superannuated after heading the Kasturba Hospital as Chief of the Medical Services

### **Her MAJOR ACHIEVEMENTS are as follows:-**

Neurosurgery Unit was established and gradually developed in stages practically from scratch. Successful operations of critical cases instilled confidence of the patients and employees; resulting in appreciable saving to the exchequers of BHEL on the enormous expenditure of referring to outside hospitals. All types of Neurosurgery procedures for head injuries, brain and spinal problems were conducted in Kasturba Hospital with the help of general surgeons

DNB Courses: Played a pivotal role in getting accreditation to Kasturba Hospital, from National DNB Board to conduct DNB courses (a Post Graduate course) in Medicine, General Surgery, Obstetrics & gynecology and Orthopedic In 1996

**Yoga Research Center:** Instrumental in establishing a Yoga research Center in Kasturba Hospital and taking up research studies in collaboration with internationally reputed Bihar school of Yoga, Bihar Yoga Bharathi and Bihar Munger Yoga Research Foundation. Under the banner of "Yog Bhagaye Rog", a number of awareness programmes, yoga camps and interactive sessions were held to educate the general public especially the school going children on the benefits of yoga on mental stress and strain, concentration and memory.

**Public Awareness programs:** A number of public awareness programs and interactive sessions were organized under strikingly coined banners like "Knowledge sharing .com", "Zara Sochiye", and "YogBhagayeRog". Road Safety week: Set in motion a vigorous campaign under the banner "Zara Sochiye", for propagating the use of helmets by the two-wheeler riders and seat belt and air bags by four-wheeler drivers.

**Scientific Sessions:** Chaired quite a number of scientific sessions connected with neuro, other medical fields, social, cultural and educational forums as invited by the organizers at National, Regional, state and local levels and actively participated in the technical discussions, deliberations, seminars and workshops. Also organized a number of conferences, seminars, Updates, workshops, discussion and deliberations on medical, yoga, cultural and social aspects.

Some of the distinguished Honors and Awards which she won are as follows:-

- Late Shri Khyalilal Nahar Trophy 2009: Under my president ship IMA, BHEL, Bhopal Branch won the coveted Late Shri Khyalilal Nahar Trophy 2009 for best scientific activities during the year 2008-2009.
- Felicitations By Navalaya Group of NGOs: In April 2005,
- Navalaya NavaDuniya Nayika Award 2011: In March 2011,
- Astha Mahila Nagarik Sahakari Bank felicitations: On 27.06.2011,
- Bharat Jyoti Award: The India International Friendship Society
- Stree Samman Award on 8<sup>th</sup> March 2016 by Stree seva samman sanstha for the appreciation work rendered to the society.
- "Dabang Woman" Award on 30 March 2016 by DabangNaiduniya Group
- "Ghorasamman Award" on 6<sup>th</sup> March 2020 on international women day from Ghorauthan & kalyansanstha
- Presented 56 scientific papers in international and national and state level conferences and Life member of many professional Bodies.

Presently she is working as Medical Director and Medical Superintendent In JK Hospital, Kolar Bhopal after superannuating from BHEL, Bhopal in Sept. 2015.